## by Harrison Spinks The True Bedmakers

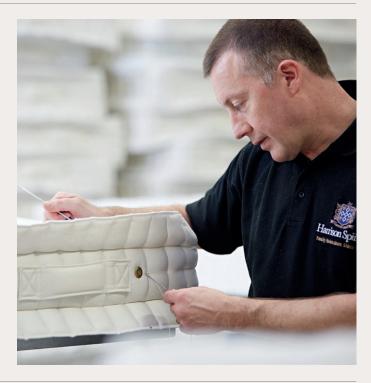
**Mattress Care Guide** 

## We believe in a great night's sleep for everyone.

Thank you for your purchase. Your new ercol Harrison Spinks mattress is an investment and the first step towards healthier, restorative sleep.

Lovingly handmade to order in Yorkshire, England, every mattress is unique to every customer.

Please read this care guide in order to understand how to look after your new mattress.



### On delivery

This pocket spring mattress is **heavy**, always use two people to handle it.

Take care when lifting to avoid personal injury and/or damage to the mattress. Seek assistance to move, turn and rotate the mattress, using the handles to do so, but not for lengthy carrying.

After unwrapping your new mattress, leave it in a well ventilated room for a few hours. Any natural scent from the fillings will dissipate within days.

### General advice

Do not fold or roll your mattress as this could damage it. Avoid jumping on your mattress, as this could damage the springs and the base.

Electric blankets can be used in conjunction with all our mattresses. Please note, if you have purchased a product containing memory foam, heat from electric blankets may change the feel of the mattress.

### Dimensions

Each of our mattresses are handmade to metric dimensions meaning they will naturally vary a little in size. A variation of +/- 2cm is in line with BS1334:1996. During transportation some mattresses may contract, but they will relax to their normal length again after being used for a short while.



### Tufting

All of our mattresses have tufts that ensure the upholstery layers remain firmly in place. In the unlikely event of any of your tufts snapping, contact the retailer from whom you purchased your mattress. They'll arrange to have the tuft replaced in your home.

# Caring for your new mattress

#### **Mattress Protection**

We highly recommend using an under blanket or good quality cotton or wool-faced mattress protector. It's a good idea to air the mattress regularly too, by leaving duvets folded back for a few hours each day.

A waterproof protector may be used but will reduce the benefits of sleeping on a natural mattress surface and may lead to damage through condensation.



### Cleaning

Remove dust and fluff from your mattress every few months using a soft brush. Never use a vacuum cleaner, even if you have a specific mattress attachment, as this can displace the natural fillings. Any spillages should be absorbed using a dry cloth or paper towels. If you need to sponge the mattress, use a damp cloth and a very mild solution of soap and water.



### A supportive base

If you are using your new mattress on your own bed, it's important that the base is in good condition. The mattress will contour to it, just as it does with your body, so we recommend replacing an old base. If the base is damaged in any way, it could be detrimental to your mattress. If your mattress is being placed on a slatted base, ensure the gaps are no more than 75mm apart. If they are, you should consider using a baseboard or under mattress – your retailer can offer further advice.

### Body impressions

#### Expect impressions

As most people sleep in the same position every night, body impressions are a normal feature of handmade mattresses. You may find fillings settle or dip in the area where you sleep which can leave a ridge in the centre of the mattress. Just like the impressions that form on the insole of leather shoes, this is simply your mattress "getting to know you".



### **Reducing impressions**

We recommend following our rotating and turning instructions to minimise body impressions. Please note: our mattresses are extremely heavy. If you are unable to rotate and turn your mattress, with continued use, fillings will settle of their own accord, however this will take considerably longer.



### Rotating or turning?

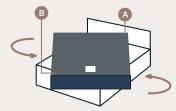
Check the label on the surface of your mattress for the following wording to determine which type of mattress you will be caring for:

- Non-turn/rotate only/single sleeping surface/pillow top mattress
- Turnable/turn with the seasons/dual sleeping surface mattress

Our non-turn mattresses can also be identified by the use of a non-sleeping surface sticker, which can be found on the underside.

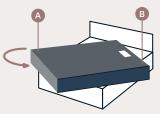
### Rotating your <u>non-turn</u> mattress

If your mattress label states non-turn/rotate only/single sleeping surface/pillow top, you may wish to rotate your mattress regularly during the first few months and about twice a year thereafter. **Note:** If you struggle to rotate your mattress, do not worry, this is only a recommendation to help reduce body impressions.



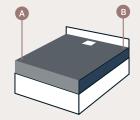
### Step 1

Push the mattress at opposite corners A and B whilst it's laying flat.



### Step 2

Push on alternate corners A and B to position the mattress on the bed.



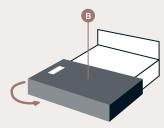
#### Done

Your mattress has now been rotated end to end.

### Rotating your <u>turnable</u> mattress

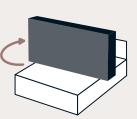
If your mattress is turnable or seasonal turn you may wish to turn and rotate your mattress regularly during the first few months and about twice a year thereafter. A good way to remember to turn your mattress is when the clocks change in the spring and autumn. **Note:** If you struggle to rotate your mattress, do not worry, this is only a recommendation to help reduce body impressions.

You may also wish to rotate your turnable mattress. Please see instructions on the previous page as to how to do this.



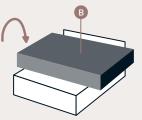
Step 1

Rotate the mattress to overhang the bed.



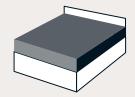
Step 2

Raise the mattress up on its edge.



Step 3

Lower the mattress gently to expose the other side.



Step 4

Realign the mattress with the bed.

### ercol

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The True Bedmakers

Handmade in Yorkshire, England since 1840